



ST. GREGORY
RECOVERY CENTER

Bayard, Iowa
stgregoryctr.com (888) 915-4295



Where science meets recovery

Our caring and experienced staff provide men and women with the support they need to overcome the physical, neurochemical, and emotional dysfunction associated with substance use disorders.

Located in Bayard, Iowa, St. Gregory Recovery Center offers a modern, scientifically-proven approach to drug and alcohol addiction treatment. Our caring and experienced staff provide men and women with the support they need to overcome the physical, neurochemical, and emotional dysfunction associated with substance use disorders.

St. Gregory Recovery Center's facilities include deluxe appointed semi-private suites with showers and bathrooms. Clients have access to a wide range of recreational options, including ping-pong, basketball, disc golf, bicycles, a pool table, and a full-size gym and workout room.

Faith-based Recovery

In the Catholic tradition, Saint Gregory is the patron saint of desperate, forgotten, or lost causes. At St. Gregory Recovery Center, we recognize spirituality and religious faith as potential resources for overcoming addiction. We offer non-denominational meditation practice, religious observance, and spiritual advising to those clients who wish to discover or reconnect with their spirituality. We respect each client's personal beliefs and preferences; regardless of the level of spiritual practice clients choose to engage in, we want everyone to feel at home and to realize that they are not lost and have not been forgotten.



A Non 12-Step Approach

Although the 12-Step approach associated with Alcoholics Anonymous and other similar self-help organizations has been helpful for many people seeking a lasting recovery, it's not right for everyone. Since 12-Step groups are led by individuals who've also struggled with addiction, they don't provide the level of professional mental health care you may need to set the foundation for lasting sobriety.

If the 12-Step approach hasn't worked for you in the past, our non 12-Step rehab programming is an empowerment-based alternative to overcoming the burden of addiction. With a documented track record of success, we can help you leave addiction behind.

